



H TASTING LOUNGE

**REFINED
&
DELICIOUS**



AFTERNOON TEA

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SERVED FROM 11:30AM - 4:00PM

\$55/PERSON

SAVOURY

FRESH BAKED SCONE

served with house made confiture, vanilla butter, bayshore honey

PROSCIUTTO CROISSANT

arugula, lemon cottage cheese

SMOKED SALMON BAGEL

dill, capers, cream cheese

DEVEILED EGG

wasabi, tobiko

SHRIMP SALAD CHARCOAL BUN

poached prawns, herb salad

SWEET

EARL GREY CHOCOLATE TART

ganache, raspberry, mint sugar

BEIGNET

seasonal fruit preserve

TIRAMISU

ladyfingers, mascarpone

LEMON TART

rock sugar, lemon curd

*“My heart is full of longing
for the secret of the sea,
and the heart of the great ocean sends a
thrilling pulse through me.”*

- Henry Wadsworth Longfellow



TEA SELECTION

TRADITIONAL

ENGLISH BREAKFAST

tightly twisted medium ebony leaves, sweet and biscuity aroma, elegant and refined smooth finish

IMPERIAL EARL GREY

a blend of ceylon india and china estate teas with just a hint of bergamot. medium length leaves with silver tips, clean citrus aroma, light body, slightly spicy finish

MASALA BLACK CHAI TEA

complex blend of top-quality fresh spices – cardamom, cinnamon, ginger pepper and cloves. broken up leaves with spices, rich and spicy aroma, smooth and complex spice with a clove bite finish

SENCHA FUKUJYU CHA

prized for its round-bodied cup and fresh, clean, light notes of hay

HEALTH & WELLNESS

HEALTH & WELL-BEING GREEN

fresh grass, nori-like aroma, light and refreshing on the palate, high in antioxidants

JETLAG AM

a natural blend of herbs and vitamins with a mint and citrus aroma. Full-bodied, warm and refreshing finish, medium caffeine

RELAXING HERBAL

complex herbal infusion with peppermint, chamomile, passion flowers, catnip, skullcap, and wood betony. soothing aroma, slightly minty palate, caffeine free

ORGANIC VANILLA ROOIBOS

sweetened by madagascar vanilla bean natural essential oil, soft aroma. Rich and full-bodied with a creamy finish, caffeine free

TEA SELECTION

CANADIAN/PACIFIC NORTHWEST

FLORAL JASMINE GREEN

our floral jasmine green tea features fresh, mellow overtones with a slightly astringent finish. also makes a wonderful iced tea when brightened with a twist of fresh lemon

BC FORESTEA

hallmark tea, pioneered in canada using a smoked-infused tea tradition. sweet, tarry alluring overtones, full-bodied and subtle smokiness. High caffeine

ORGANIC PEAR TREE GREEN

crisp and sweet, without a hint of asperity, estate china green tea, perfumed with the essence of freshly plucked ripe pears

APPLE PIE

crisp autumn apples enveloped in warm, fragrant cinnamon, nutmeg, and buttery pie crust. Chinese green tea adds a subtle sweet finish. Succulent apple, fragrant cinnamon and nutmeg aroma, warm and supple. Low caffeine

MOUNTAIN BERRY

a ripe and fruity melange of superfood saskatoon berries (native to canada), red and black currants, raisins and wild blueberries. ripe, fruity scent, full and strong body with a wine-like finish, caffeine free

CHINESE

IRON GODDESS OF MERCY

golden orchid, slightly woody aroma with a medium smooth floral taste. Malty finish, notes of high complexity. Medium-caffeine

SILVER LEAF

soft floral notes, light subtle character, high in antioxidants and low in caffeine

IMPERIAL GREEN

sweet aroma with hints of grass. mild and refreshing, high in antioxidants and low in caffeine

PU-ERH

sweet and musty aroma with hints of plum and a broad, earthy palate. High caffeine

COCKTAILS

ARDBERG CAESAR 16

peated scotch, walter's clamato, fermented jalapeño, bacon jam

PISCO BELLINI 16

chilean pisco, white peach, grenadine, prosecco

LATE BLOSSOM 15

vodka, st. germain, lillet blanc, nutcracker tea, honey, lime, soda

BLOOD ORANGE MIMOSA 16

crémant rosé, orange, blood orange reduction

SPIRIT-FREE

ROLLING UPHILL 12

mountain berry tea, coconut, lime, soda

DRESSING ON THE SIDE 12

white tea, snap pea, lemon

PEACEFUL GARDEN 12

jasmine pearl tea, elderflower, citrus, rosé

COFFEE SELECTION

ESPRESSO 4

DOUBLE ESPRESSO 5

AMERICANO 5

MACCHIATO 5.5

LATTÉ 5.5

CAPPUCCINO 5.5

MOCHA 6

